



THANKSGIVING
ENGLISH FELLOWSHIP
LOVING GOD *&* SERVING PEOPLE

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Hidden Blessings of Grief

Part II

Pastor Jason Kim
Psalms 77

Review



I. Cry out to God (vs. 1-9)



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- Hidden blessings of being sad:

Matthew 5:4

4 “Blessed are those who mourn, for they will be comforted.

I. Cry out to God (vs.1-9)



- When you get down, depressed, do you ask some of these same kind of questions of Asaph:

I. Cry out to God (vs.1-9)



- When you get down, depressed, do you ask some of these same kind of questions of Asaph:
Where is God?

I. Cry out to God (vs.1-9)



- When you get down, depressed, do you ask some of these same kind of questions of Asaph:
Where is God?
Where is His peace and joy?

I. Cry out to God (vs.1-9)



- When you get down, depressed, do you ask some of these same kind of questions of Asaph:

Where is God?

Where is His peace and joy?

Where is the abundant life that God promises?

I. Cry out to God (vs.1-9)



- When you get down, depressed, do you ask some of these same kind of questions of Asaph:

Where is God?

Where is His peace and joy?

Where is the abundant life that God promises?

Where is my faith?

I. Cry out to God (vs.1-9)



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of Asaph:

Where is God?

Where is His peace and joy?

Where is the abundant life that God promises?

Where is my faith?

- Troubles are designed to bring us closer to God.

II. Choose to redirect your thoughts (vs.10-12)



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“Then I thought...” (vs.10)

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“Then I thought...” (vs.10)

- Taking time to recall God’s specific blessings in our past provides perspective and peace in the present.

III. Concentrate on the greatness of God (vs.13-20)



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Three characteristics of God's character to focus on during grief:



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- **God is holy**—showing His distinctiveness.

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Three characteristics of God's character to focus on during grief:

- **God is holy**—showing His distinctiveness.
- **God does miracles**—showing His power.
- **God redeems His people**—showing His love and care.

Conclusion



Are you a Carrot, Egg, or Coffee Bean?

Conclusion



God is good not because He gives us answers we want to hear, but because He gives us Himself.