



**THANKSGIVING**  
ENGLISH FELLOWSHIP  
LOVING GOD *&* SERVING PEOPLE

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# **Hidden Blessings of Grief**

Pastor Jason Kim  
Psalms 77

# Introduction



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# I. Cry out to God (vs. 1-9)



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- Hidden blessings of being sad:

Matthew 5:4

*4 “Blessed are those who mourn, for they will be comforted.”*

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- Hidden blessings of being sad:
  - a. Tears are sanctifying

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II Corinthians 7:10

*<sup>10</sup> For the sorrow that is according to the will of God produces a repentance without regret, leading to salvation, but the sorrow of the world produces death.*

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- Hidden blessings of being sad:

# I. Cry out to God (vs.1-9)



- Hidden blessings of being sad:
  - b. Tears are temporary



# I. Cry out to God (vs.1-9)

- Hidden blessings of being sad:
  - b. Tears are temporary

Revelation 21:4

*4 and He will wipe away every tear from their eyes; and there will no longer be any death; there will no longer be any mourning, or crying, or pain; the first things have passed away.”*

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- When you get down, depressed, do you ask some of these same kind of questions of Asaph:

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Where is God?

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Where is God?

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Where is the abundant life that God promises?

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- When you get down, depressed, do you ask some of these same kind of questions of Asaph:

Where is God?

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Where is the abundant life that God promises?

Where is my faith?

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of Asaph:

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Where is His peace and joy?

Where is the abundant life that God promises?

Where is my faith?

- Troubles are designed to bring us closer to God.

## II. Choose to redirect your thoughts (vs.10-12)



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“Then I thought...” (vs.10 )

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“Then I thought...” (vs.10 )

- Taking time to recall God’s specific blessings in our past provides perspective and peace in the present.

# III. Concentrate on the greatness of God (vs.13-20)



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Three characteristics of God's character to focus on during grief:



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Three characteristics of God's character to focus on during grief:

- **God is holy**—showing His distinctiveness.
- **God does miracles**—showing His power.
- **God redeems His people**—showing His love and care.

# Conclusion



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God is good not because He gives us answers we want to hear, but because He gives us Himself.

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Are you a Carrot, Egg, or Coffee Bean?



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