



In the  
Shelter of  
the Most  
High

Psalm 91

# Psalm 91

<sup>1</sup> Whoever dwells in the shelter of the Most High **will rest** in the shadow of the Almighty. <sup>2</sup> I will say of the Lord, “He is my refuge and my fortress my God, in whom I trust.”

<sup>3</sup> Surely he will save you from the fowler’s snare and from the deadly pestilence. <sup>4</sup> He will cover you with his feathers, and under his wings **you will find refuge**; his faithfulness will be your shield and rampart. <sup>5</sup> You will not fear the terror of night nor the arrow that flies by day,<sup>6</sup> nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.

# Psalm 91

<sup>7</sup> A thousand may fall at your side, ten thousand at your right hand, but it will not come near you. <sup>8</sup> You will only observe with your eyes and see the punishment of the wicked.

<sup>9</sup> If you say, **“The Lord is my refuge,”** and you make the Most High your dwelling, <sup>10</sup> no harm will overtake you, no disaster will come near your tent. <sup>11</sup> For he will command his angels concerning you to guard you in all your ways; <sup>12</sup> they will lift you up in their hands, so that you will not strike your foot against a stone.

# Psalm 91

<sup>13</sup> You will tread on the lion and the cobra; you will trample the great lion and the serpent.<sup>14</sup> “Because he loves me,” says the Lord, “I will rescue him; I will protect him, for he acknowledges my name.<sup>15</sup> He will call on me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. <sup>16</sup> With long life I will satisfy him and show him my salvation.”

# Roadmap

## In the Shelter of the Most High

Psalm 91

- I. Hide and Dwell** in God (v. 1-2)
- II. God protects us** from our Enemies (v. 3-6)
- III. The Blessing of Abiding** in Christ (v. 7-16)
- IV. Application: Know and Love God**

# Background

Psalm 91 is traditionally **attributed to Moses** by some Jewish and early Christian sources

Written in a time of **national danger or personal threat** — possibly during plagues, battle, or spiritual warfare.

# I. Hide and Dwell in God

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## Dwell in the Names of God

1. **Elyon** (Most High)
2. **El Shaddai** (Almighty)
3. **Yahweh** (The LORD)
4. **Elohim** (My God)

Is this  
Person a  
Christian?



# Is this Person A Christian?

As Christians, we believe that only someone who has put **their Faith** in the works **of Christ Alone** is Saved.

Our faith is not only demonstrated through outward action, **but what we do in private**.

# I. Hide and Dwell in God

The most important part of the believer's life is the **hidden life** that no one else sees except the Lord.

## Matthew 6:5-6

<sup>5</sup> “And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. <sup>6</sup> **But when you pray, go into your room, close the door and pray to your Father, who is unseen.** Then your Father, who sees what is done **in secret**, will reward you.

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**WHAT WE DO IN THE HIDDEN LIFE CAN BLESS US OR DESTROY US! (Galatians 6:8)**

# I. Hide and Dwell in God

Galatians 6:8 → <sup>8</sup>Whoever sows to please their flesh, from the flesh **will reap destruction**; whoever sows to please the Spirit, from the Spirit **will reap eternal life.**

# I. Hide and Dwell in God

- **When faced with difficult situations, where do you honestly find refuge?**
- **Do you Believe and have a Genuine relationship with God??**
- **Do you SPEND TIME with GOD??**



# II. God Protects us from our Enemies

<sup>3</sup> Surely he will save you **from the fowler's snare** and from the **deadly pestilence**.

<sup>4</sup> He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. <sup>5</sup> You will not fear **the terror of night**, nor the arrow that flies by day, <sup>6</sup> nor **the pestilence** that stalks in the darkness, nor **the plague** that destroys at midday.

**Four Dangers that God Protects us from:**



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## **Four Dangers that God Protects us from:**

1. The snare of the fowler (traps laid for us).
2. The deadly pestilence (diseases or troubles).
3. The terror by night (fear and anxiety).
4. The arrow that flies by day (attack from enemies).

# II. God Protects us from our Enemies

## 1 John 2:15-17

<sup>15</sup> Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. <sup>16</sup> For everything in the world—**the lust of the flesh**, **the lust of the eyes**, and **the pride of life**—comes not from the Father but from the world. <sup>17</sup> The world and its desires pass away, but whoever does the will of God lives forever.

There are 3 sins that are **deadly interconnected traps**.

**Fleshly Lust** – Cravings for physical or sensual pleasure outside of God's will

**Coveting/Jealousy** – Comparison and discontentment

**Pride of Life** – Self-Glorification

## II. God Protects us from our Enemies

**What are the idols and traps in your life?**

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**Satan loves busy and distracted believers who do not find refuge in God!**

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## God's Divine Protection

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**“His Faithfulness” → Gospel Moment!** We are not saved by our faith and abilities... but by His Faithfulness and Works!

**Your Shield** (Eph 6:10-11) → <sup>10</sup> Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armor of God, so that you can take your stand against the devil's schemes.

### III. The Blessing of Abiding in Christ





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<sup>10</sup> no harm will overtake you,  
no disaster will come near your tent.  
<sup>11</sup> **For he will command his angels concerning you**  
to guard you in all your ways;  
<sup>12</sup> they will lift you up in their hands,  
so that you will not strike your foot against a stone.  
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- Angels minister to the Saints (Hebrews 1:13-14)
- Angels execute God’s Will (Psalm 103:20-21)
- Angels magnify the grandeur of God (Daniel 7:10)
- Angels remind the believers of their worth (Matt 18:10)

# III. The Blessing of Abiding in Christ

John 15:4-5

<sup>4</sup> Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. <sup>5</sup> **“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.**

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I will be with him in trouble,  
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<sup>16</sup> With long life **I will satisfy him**  
and **show him my salvation.”**

**This is GOD’S BLESSING to those who are hidden in the LORD!**

# Application: Know and Love God

**1. KNOW GOD:** Have his Words written on your heart.

Jeremiah 31:33-34 → “This is the covenant I will make with the people of Israel after that time,” declares the LORD. **“I will put my law in their minds and write it on their hearts. I will be their God, and they will be my people...** “For I will forgive their wickedness and will remember their sins no more.”

**2. LOVE GOD:** To Love God is to submit yourself to Him. Make His Glory your first priority!

Psalms 34:8 → **Taste and See** that the LORD is good; blessed is the one who takes refuge in him.

Application: Know and Love God

Do you rely on God or  
are you living for  
yourself?