



# The Gift of Time

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Psalm 90

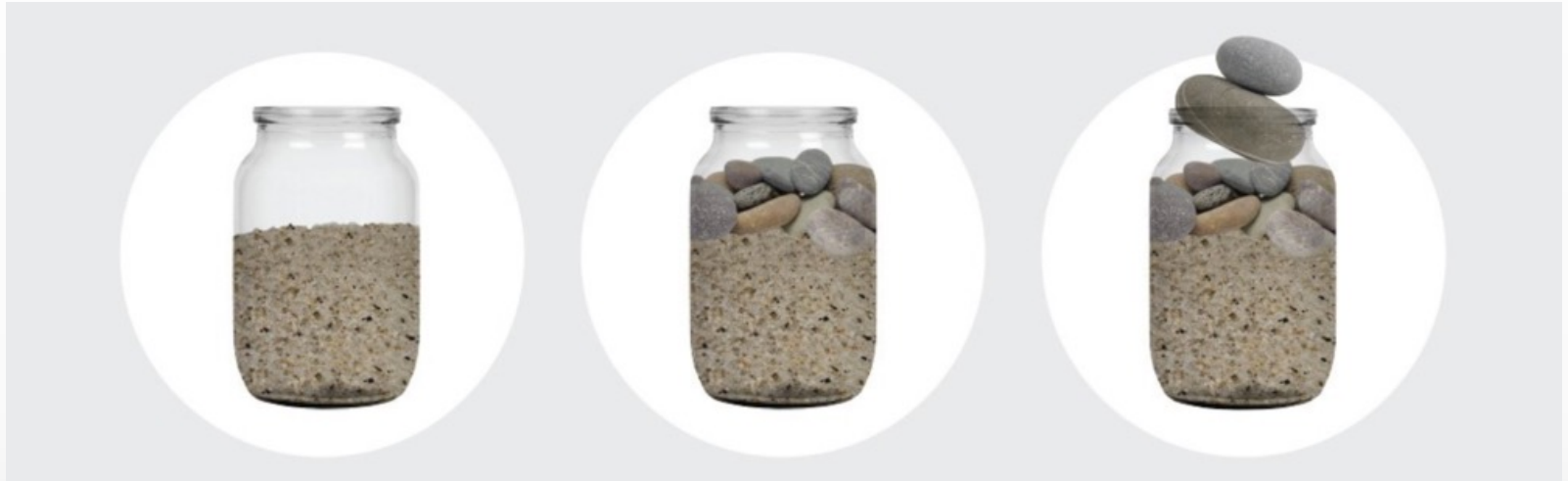
Mar. 26, 2023



# Introduction



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- ***Time management is not about doing more things; it about doing the right things in the right way.***



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- The first step in being good stewards of our time God gives us is to be totally immersed in the Creator of time, God Himself.



## II. Recognizing the time (vs.3-10)



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According to the Bible, the average life span is 70 years (vs10). Some may live longer than others. Nevertheless, no matter how long we live it is not long at all, and our time will be up; we all will eventually die (vs.3).





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- We need to recognize the time because time can only be used once. When you can only use something once, that makes it very valuable.



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2. Plan your day the night before.



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1. Identifying the “big rocks”.

2. Plan your day the night before.

<sup>5</sup> God called the light day, and the darkness He called night. And there was evening and there was morning, one day... <sup>8</sup> God called the expanse heaven. And there was evening and there was morning, a second day.... <sup>13</sup> There was evening and there was morning, a third day.

Genesis 1:5,8,13



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3. Eat the frog



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1. Identifying the “big rocks”.
2. Plan your day the night before. (Gen.1:5,8,13)
3. Eat the frog
4. Pray constantly, “God, what is the best use of my time right now?”





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- Psalm 90:12, “teach us to number our days aright.” (NIV)