

## PSALM 139

For you formed my inward parts; you knitted me together in my mother's womb. <sup>14</sup> I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well. 15 My frame was not hidden from you, when I was being made in secret, How vast is the sum of

intricately woven in the

depths of the earth.

<sup>16</sup> Your eyes saw my

unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.

How precious to me are your thoughts, O God! them!

## 5 POINTS OF REFLECTION

- Fearfully and wonderfully made
- Wonderful are God's works
- We were made in secret
- The days allotted to us
- How precious to me are your thoughts
- Finding healing in Christ and the church