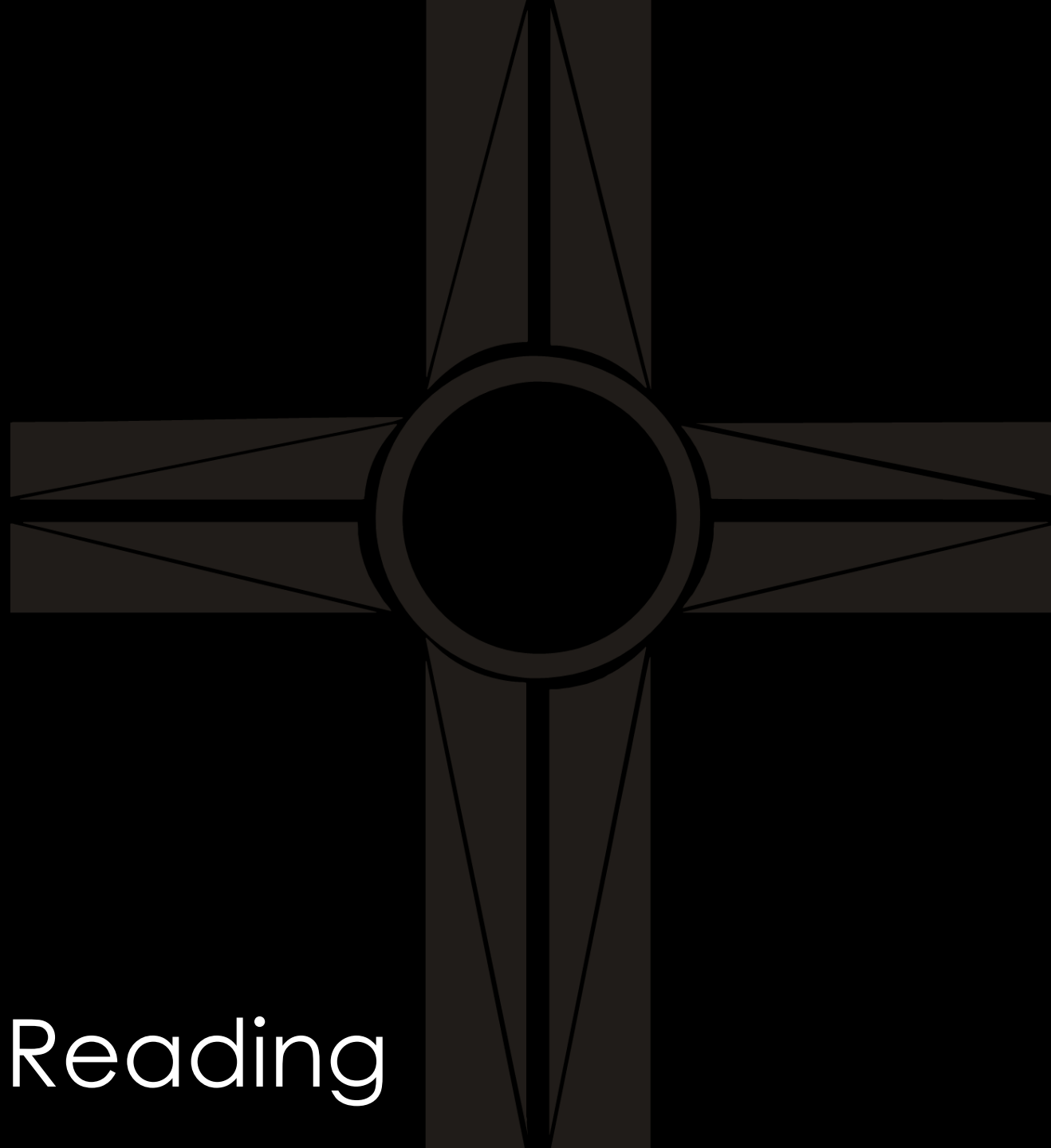




TEF ***YOUTH***
SERVICE

The logo features the letters 'TEF' in a large, white, bold, sans-serif font. To the right of 'TEF', the word 'YOUTH' is written in a bold, italicized, yellow sans-serif font, and the word 'SERVICE' is written below it in a bold, italicized, light gray sans-serif font. The background is black with a faint, light gray compass rose centered behind the text.



Scripture Reading

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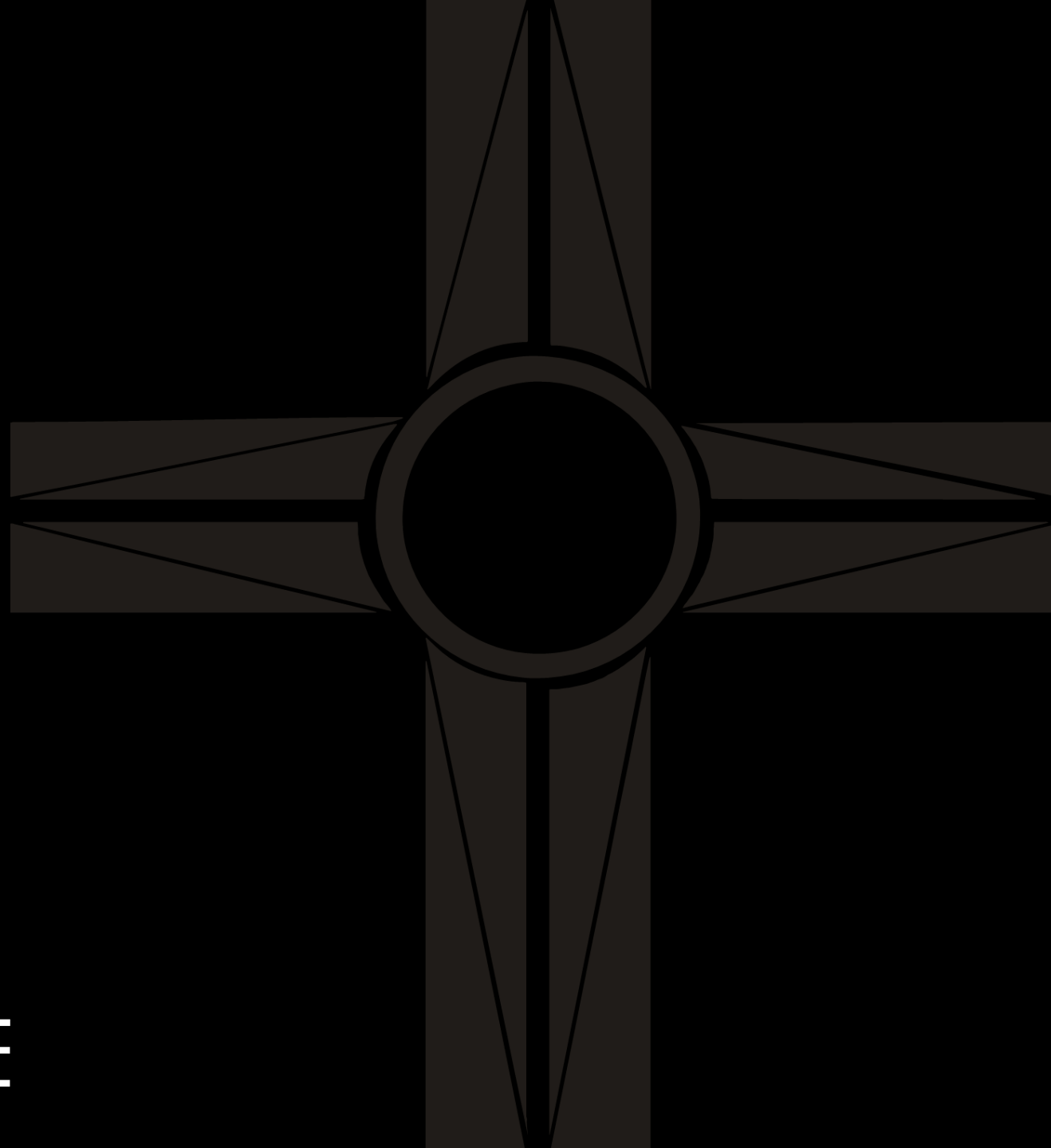
²⁴ “No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve both God and money.

²⁵ “That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn’t life more than food, and your body more than clothing? ²⁶ Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are? ²⁷ Can all your worries add a single moment to your life?

Matthew 6:24-27 (NLT)

³¹ “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ ³² These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. ³³ Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. ³⁴ “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.

Matthew 6:28-31 (NLT)



MESSAGE

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Definition of Worry

feel troubled over actual or potential difficulties.

give way to anxiety; allow one's mind to dwell on difficulty or troubles.

Chapter 6 Outline

- I. Teachings on giving to the poor and on prayer (vv. 1-15).
 - a. Necessary attitude towards giving (vv. 1-4).
 - b. Guidelines for prayer (vv. 5-8).
 - c. The Lord's prayer (vv. 9-13).
- II. Teachings on fasting, treasure and wealth (vv. 16-24).
 - a. Guidelines for the doing and showing of act of fasting (vv. 16-18).
 - b. Building up treasures in heaven (vv. 19-21).
 - c. Fulfillment by light, rather than by darkness (vv. 22-23).
 - d. Serving Two Masters (vv. 24).
- III. The Cure for Worry (vv. 25-34).

The Sermon on the Mount



- A collection of sayings and teachings of Jesus, which emphasizes his moral teaching. It takes place relatively early in the Ministry of Jesus after he has been baptized by John the Baptist and preached in Galilee.
- The Sermon is the longest piece of teaching from Jesus, and has been one of the most widely quoted passages of the Gospels. It includes the Beatitudes, and the Lord's Prayer. The Sermon on the Mount contains the central beliefs of Christian discipleship.

24 “**No one can serve two masters.** For you will hate one and love the other; **you will be devoted to one** and despise the other. You cannot serve both God and money.

25 “That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. **Isn't life more than food**, and your body more than clothing?

26 Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? 27 **Can all your worries add a single moment to your life?**

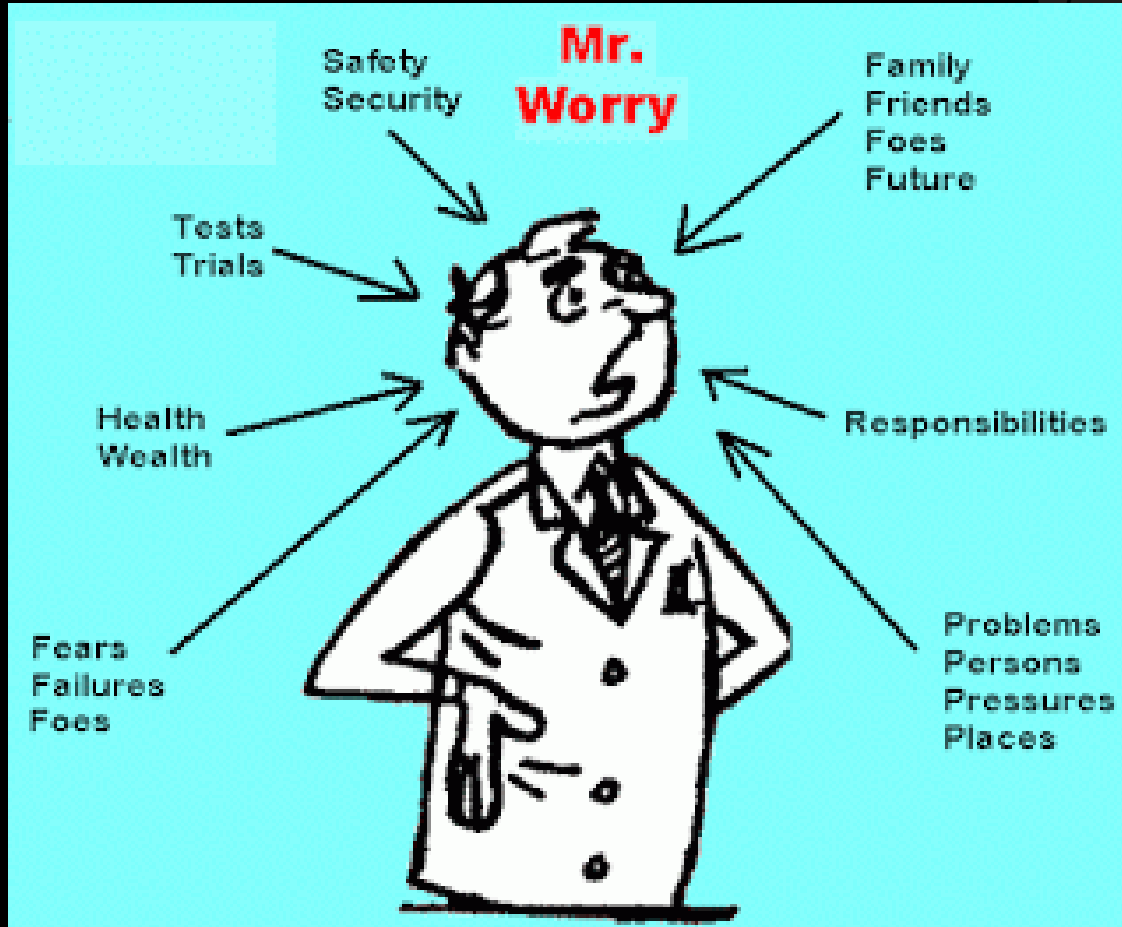
Matthew 6:24-27 (NLT)

31 “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ 32 These **things dominate the thoughts of unbelievers**, but your heavenly Father already knows all your needs. 33

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. 34 “So don’t worry about tomorrow, for tomorrow will bring its own worries. **Today’s trouble is enough for today.**

Matthew 6:31-34 (NLT)

v. 24 Serving Two Masters



- What you worry about the most is what you are most devoted to...
- What are your first and last thoughts of the day?
- It might not be “Money”. But it might be grades, sports, popularity or family relationships.

v. 25 Isn't life more important than ...

What shall profit a man,
if he gain the whole world and
lose his own soul?

Matthew 16:26 (NLT)



Are the things you're
worrying about really
more important than
your life?

More than glorifying
God your savior,
creator?

v. 27 By Worrying will change things...



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v. 31 worries
dominate the
thoughts of
unbelievers



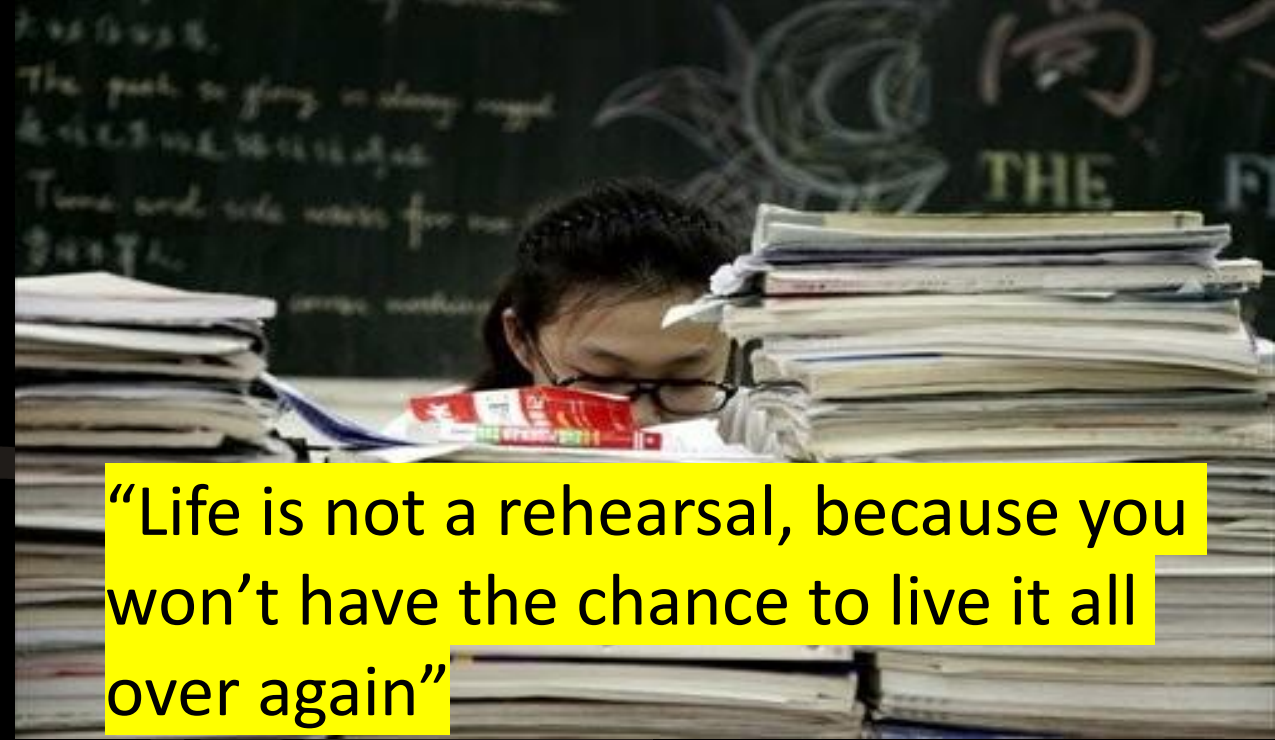
EXAMPLES OF WORRY

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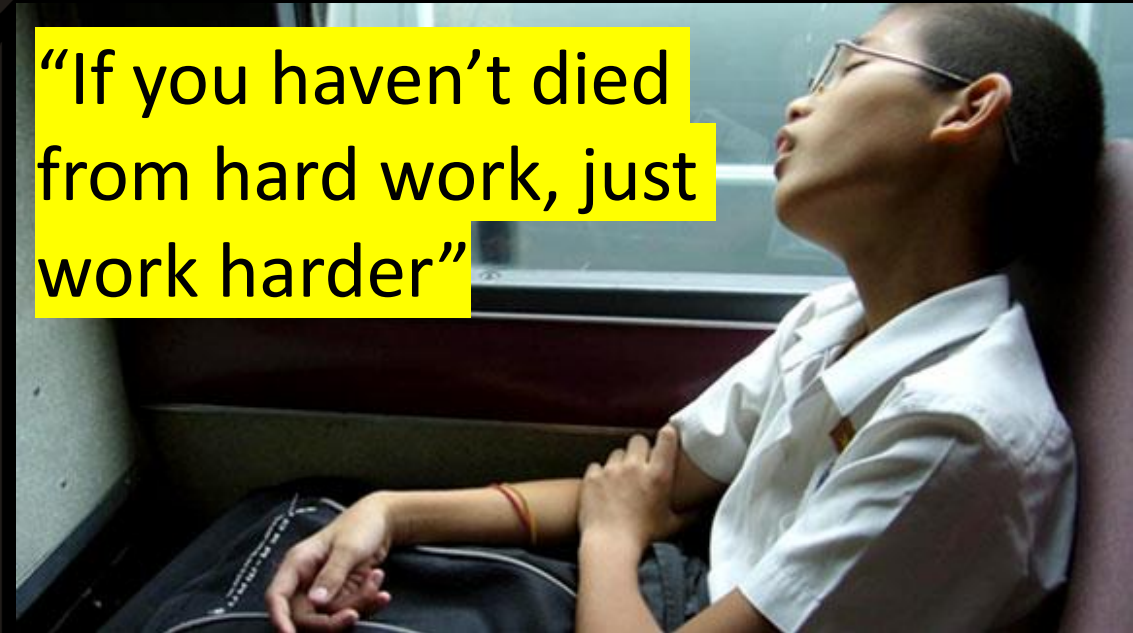
高考

(Gāo Kǎo)

China's grueling university entrance exam. Somewhat similar to the American SAT, except that it lasts more than twice as long, the nine-hour test is offered just once a year and is the sole basis for admission to all Chinese colleges.



"Life is not a rehearsal, because you won't have the chance to live it all over again"



"If you haven't died from hard work, just work harder"

The entire nation cooperates during exam :

- Flights are rerouted so they don't fly over testing areas
- Funeral processions are redirected.
- Construction sites near schools are closed
- No car honking is permitted.

Only 60% make it into university on the basis of their *gao kao* score:

- An estimated 40% of students do not make it into any university at all, much less a prestigious school.
- 10 million students are taking the exam this year (compared to just over 1.5 million SAT takers in the U.S.)

Not even 0.2% of takers of the *gao kao* will make it into a top-five school:

Tsinghua University, Peking University,, Shanghai Jiao Tong University, and Fudan University are generally considered the top schools in China. Fewer than 200,000 students will earn a spot at one of these universities.



students took
oxygen while
studying
chemistry



given injections to boost energy

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Why Worry

Top scores do not necessarily lead to top careers:

A survey of 30-plus years' worth of top scorers on the *gao kao* revealed out of 1,000 people, none of them went on to exceptional careers.



Stop worrying so much.

Worrying is using your
imagination to create things
you don't want.





“Seek the kingdom of God, and his righteousness.”

Righteousness is the fruit of God's reigning in the heart. And what is righteousness, but love?—the love of God and of all mankind, flowing from faith in Jesus Christ, and producing **humbleness of mind, meekness, gentleness, longsuffering, patience, deadness to the world**; and every right disposition of heart, toward God and toward man. And by these it produces all holy actions.

John Wesley

Philippians 4:6-7

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. (NLT)

Proverbs 12:25

Worry weighs a person down; an encouraging word cheers a person up. (NLT)

1 Peter 5:7

Give all your worries and cares to God, for he cares about you. (NLT)

SUMMARY

1. You can't serve two masters (v.24)
2. Life is more important than food and clothes (v.25)
3. You are of great value (v. 26)
4. Worry won't change anything (v.27)
5. Don't act like a pagan (v.32)
6. He knows what you need (v.32)
7. First, seek His kingdom (v.33)

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POINTLESS
UNNECESSARY
AND SINFUL



WELCOME &
ANNOUNCEMENTS

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YOUTH SERVICE

**NO YOUTH SERVICE
FOR JULY AND AUGUST**



GOT QUESTIONS?

Talk to Andrew or Jeanette

✉ minister@tefshanghai.org

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HAVE A GREAT
SUMMER

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